

Brook Advisory Service (C&D) : 01209-710088
Budehaven Community School : 01288-353271
CAMHS Cornwall : 01566-761100
CAMHS out of hours : 01208-251300
CAMHS Devon : 01271-384000
CLEAR: 01872-540366
Cornwall Council: 0300-1234-100
Cruse : 0300 330 5466
Dreadnought Centre : 01209-218764
Early Help Hub : 01872-322277
Early Help : 0345-155-1071
Early Intervention Psychology Team Cornwall : 01208-834276
Eddystone Trust (HIV): 0800 328 3508
Sexual Health Clinic Holsworthy): 01271-341562
Housing : 0300-1234-161
Intercom Trust : 01209 211360
Kernow Young Carers : 01872-321486
LADO : 01872-327225
MARU Cornwall : 0300-123-1116
MASH Devon : 0345-155-1071
MIU Stratton : 01288 320101
North Devon Depression and Anxiety Service: 01271-335041 (18+)
Outlook Southwest : 01208-871414
Outlook Southwest Suicide Liaison Service : 01208-871905
Penhaligons Friends : 01209-210624
Pharmacies:
Boots : 01288-352906
Dudley Taylor : 01288-352026
Lloyds : 01288-352000
Physiotherapy Dept, Stratton Hospital : 01288-320115
School Nurse Team : : 01872 322779
Stratton Hospital: 01288 320100
Surgeries:
Neetside: 01288-270580
Stratton: 01288-352133
Womens Centre) : 01208-76466
YZUP 01872-300816