



# Budehaven PE Department



## Extra-Curricular Programme 2019-20

Please note that “all years” includes Sixth Form. PE kit required unless specified by the teacher

Purple (Girls)   Green (Mixed)   Red (Boys)   Blue (6<sup>th</sup> Form only)

DAY	LUNCHTIME (1.40-2.10)	AFTER SCHOOL (3.30-4.30)
<b>MONDAY</b>	<p>Girls all years Gymnastics (KJA Sports hall)</p> <p>Mixed 7,8,9 Football Fit (SB Half Astro)</p> <p>Boys Years 8 &amp; 9 Rugby (PD &amp; MR Field)</p> <p>6<sup>th</sup> Form Games*Week A only (KLH: Astro)</p>	
<b>TUESDAY</b>	<p>Mixed all years Badminton (PD Sports hall)</p> <p>Mixed all years Indoor Rowing (MB Dimensions Balcony)</p>	<p>Girls Years 7-11 Netball (MB &amp; KJA Dome)</p> <p>Mixed all years Basketball (RBM Sports hall)</p> <p>6<sup>th</sup> Form Yoga (EMF Dance Studio) *starts in October</p>
<b>WEDNESDAY</b>	<p>Mixed 7,8,9 Handball (RBM Sports Hall)</p> <p>Girls Years 7 &amp; 8 Hockey (SJR Half Astro)</p> <p>Boys all years Hockey (MR Half Astro)</p>	
<b>THURSDAY</b>	<p>6<sup>th</sup> Form Level 3 Sports Leadership (KLH PE Elliots)</p> <p>Boys Years 7 &amp; 10 Rugby (RBM &amp; JCW Field)</p> <p>Girls all years Rugby (KJA Field)</p>	<p>Mixed all years Tennis (PD Dome)</p> <p>Mixed 10,11 &amp; 6<sup>th</sup> Form Handball (KLH Sports hall)</p>
<b>FRIDAY</b>	<p>Girls Years 9, 10 &amp; 11 Hockey (SJR Half Astro)</p> <p>Boys Years 9 Rugby (AJD Field)</p> <p>Mixed all years Climbing (JCW Climbing Wall)</p> <p>6<sup>th</sup> Form Games *Week B only (KLH: Sports hall)</p>	<p>Mixed all years Table Tennis (KLH Sports hall) *Will start when equipment arrives – roughly Oct half term</p>

\*Dimension’s Fitness open to KS4/5 students at lunch. Separate opening times displayed in Sports Hall\*